

Transformational Spirituality

Life Awakened

Discovering Your God Self...
5 Aspects of Your Soul



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Transformational Spirituality™

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Transformational Spirituality

5 Aspects of The Soul

We all have one thing in common. Everyone has this one desire and everything we do is geared to feeling this one thing...

We all just want to be happy.

We want to feel good about ourselves and our lives.

Here's the problem: many people don't know how to do this. They'd like to believe that they do, but they really don't. So their lives become a never-ending search. They look everywhere and continually try many different things.

Sometimes we find things that work. We feel happy and there can be a compounding effect. Once we feel a dose of happiness this can compound and we might feel even more happy.

But, just like the sugar high that comes after eating something sweet and delicious, it fades away and often is followed by a big crash.

The happiness we create artificially — those which are found in events and activities outside of ourselves — is only temporary.

So, we get right back on the horse to recreate that good feeling again. We begin a new search but, like a person fumbling around in the dark, we don't really know how, or where to look.

We try more things: a new relationship, a new car or another 'toy', a new job or a home, and even another child. We look everywhere to find the one thing that seems so elusive... Happiness.

Again... We all just want to be happy.

What makes true and sustainable happiness, a continuing feeling of inner peace and contentment, so unsustainable for so many?

It's all about one common mistake that most people make.

They're looking in the wrong place.

They search everywhere imaginable but overlook the one most critical place. And this special place is the key to any successful search for happiness.

They fail to look within. They look everywhere outside of themselves, but never take a peak on the inside.

Lasting happiness, real happiness based in a solid foundation of true contentment and peace, is not found in our possessions, our activities or, in fact, anywhere outside of ourselves. It is only found inside.

Happiness does not have to be created, it is already there, waiting to be acknowledged. It only needs to be uncovered — realized.

Happiness is inside you right now and you can access it, feel it, anytime. But you have to know how.

Awareness is the key. Specifically, 'Inner Awareness' is required. That's Awareness of the Inner Selves, of which there are 5 components.

(There's also something called 'Outer Awareness' but that's not

about happiness. That's about being in the physical world.)

Yes, you read that correctly... There's more to you than you may have known. We each have 5 critical aspects within.

And, once you acquire the knowledge of these 5 aspects and begin to understand how to use them, the search for happiness will come to a close. You will know the comfort and peace of eternal happiness.

And, as an extra added benefit, you will have reclaimed your true power to create the life you desire.

This is what Inner Awareness is all about. Inner Awareness is the awakening the Spiritual masters have alluded to for thousands of years and, ultimately, is the one thing that everyone needs practice.

Once you have this understanding, you will have the power to take the next step and that's actively and deliberately transforming your life.

That's what Transformational Spirituality is all about.

Read on and discover Your God Self — the 5 Aspects of Your Soul...

Your God Self and its 5 Aspects

The following is a list of the 5 aspects of you. Everyone has these aspects within, so fear not. They are within you. When you become aware of them, you'll be empowered to take back control of your life, to mold and create it the way you desire. This is what you have within:

1) **Individualized Self**

This is the part of you that you likely identify with as 'you'.

- a. **The Individualized Self** actually has 2 components:
 - i. **The True Self**, which is based in the essence and energy of Love, and...
 - ii. **The Ego self**, which is entirely based in fear.
- b. These 3 things are separate entities. Together, though, they become your identity in the physical world.

2) **The God Self**

3) **The Communicator**

The Communicator is a 'go-between', a bridge between the Individualized Self and the God Self. It's function is to assure that you have Free Will and Choice.

Summary...

These 5 things: **The Individualized Self**, the **Ego self**, the **True Self**, the **Communicator**, and the **God Self**, are the foundation for everything that is you.

You can become internally aware – develop your Inner Awareness – through determined introspective examination. It sounds difficult, but it's not.

Once developed, the Inner Awareness and proper use of these 5 aspects will enable you to change your life for the better. It has to.

This is true empowerment. You will make better choices. Better choices lead to better outcomes.

Better outcomes are what we all want.



Life Should Be Fun

Happiness is a natural state. If you're not happy, you may be trying too hard. Relax, let go, and feel your inner selves. That's where you'll find the happiness, success, and Love you seek.

“These 5 things: The Individualized Self, the Ego self, the True Self, the Communicator, and the God Self, are the foundation for everything that is you.” - Bruce Bernstein

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Everything You Need to Know About Your Soul

Your Inner Selves! This book shows tells the story...

Available on Amazon

Kindle: \$6.99 Softcover: \$14.99

[See The Book >>>](#)

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